

## WELCOME TO LOU'S!

From the team behind Rosenberg's Bagels & Delicatessen, Lou's Italian Specialties is a vibrant epicurean emporium offering traditional delicatessen-style to-go service and specialty retail items. Buon appetito!

Presented by Executive Chef Jason Somers

## SIGNATURE SANDWICHES

### COLD



### HOT



#### THE LOUIE

12

Genoa salami, capicola (hot ham), cooked ham, provolone cheese, red onion, tomato, shaved lettuce, mayo, olive oil and red wine vinegar

#### ROMAN FIESTA

13

Genoa salami, pepperoni, cooked ham, fresh mozzarella, marinated roasted red peppers, mixed greens, olive oil and balsamic vinegar

#### SEVERINO GRANDE

15

Hot soppressata, Italian prosciutto, hot coppa, mortadella, provolone cheese, shaved lettuce, giardiniera

#### PROSCIUTTO MIO

16

Italian prosciutto, fresh mozzarella, marinated roasted red peppers, mixed greens, olive oil and balsamic vinegar

#### Ⓥ VEGGIE DELIGHT

13

Grilled eggplant, portobello mushroom, pickled red onion, marinated roasted red peppers, fontina cheese, mixed greens, herb aioli

#### HORSERADISH ROAST BEEF

14

Roast beef, muenster cheese, pickled red onion, marinated roasted red peppers, mixed greens, horseradish aioli

#### BREADED CHICKEN CUTLET

15

Breaded chicken cutlet, fresh mozzarella, marinated roasted red peppers, mixed greens, basil pesto

#### CHICKEN PARM

14

Breaded chicken cutlet, Lou's marinara, fresh mozzarella, parmesan cheese, chopped basil

#### SAUSAGE PEPPERS & ONIONS

13

Sweet Italian sausage, caramelized onion, red and green bell pepper, Lou's marinara, chopped parsley

#### MEATBALL PARM

13

Classic Italian meatballs, Lou's marinara, fresh mozzarella, parmesan cheese, chopped basil

#### Ⓥ EGGPLANT PARM

13

Breaded eggplant, Lou's marinara, fresh mozzarella, herb ricotta, parmesan cheese, chopped basil

#### PORCHETTA BROCCOLI RABE

16

Braised porchetta, caramelized onion, provolone cheese, herb aioli, broccoli rabe

#### ITALIAN BEEF

14

Roast beef, provolone cheese, au jus, giardiniera, sweet peppers

### PANINIS on grill-pressed ciabatta



#### PROSCIUTTO MOZZARELLA

14

Italian prosciutto, fresh mozzarella, marinated roasted red peppers, balsamic vinaigrette

#### Ⓥ QUATTRO FORMAGGI

14

Fresh mozzarella, taleggio, fontina, and gorgonzola cheese, baby arugula, caramelized onion

#### Ⓥ GRILLED VEGGIE

12

Grilled eggplant, grilled zucchini, artichoke hearts, fontina cheese, herb aioli

#### GRILLED CHICKEN PESTO

12

Grilled chicken, fresh mozzarella, oven dried tomato, basil pesto

#### Ⓥ CAPRESE

12

Fresh mozzarella, marinated tomato, fresh basil, roasted tomato pesto, balsamic reduction

## APPS Served with Lou's marinara

- Ⓥ FRESH MOZZARELLA STICKS 8
- ARANCINI BALLS 8
- Ⓥ FRIED RAVIOLI 7

## HEARTY SOUPS

Served with toasted baguette

- Ⓥ MINISTRONE 9  
Rustic vegetable stew with three-bean medley, mini tomato pasta shells, parmesan cheese
- Ⓥ POMODORO CREAM 8  
Creamy plum tomato soup, roasted garlic, chopped basil, baby arugula

Ⓥ VEGETARIAN

Ⓥ+ VEGAN

Ⓤ GF GLUTEN FREE

# FRESH SALADS

## GREEN SALADS

<b>(V+) (GF) GARDEN SALAD</b>	<b>9</b>	<b>(GF) CHEF SALAD</b>	<b>13</b>
Mixed greens, carrot, cucumber, tomato, red onion, citrus vinaigrette		Mixed greens, carrot, cucumber, pickled red onion, ham, turkey, swiss cheese, cheddar cheese, boiled egg, buttermilk dill dressing	
<b>CAESAR SALAD</b>	<b>10</b>	<b>ADD GRILLED CHICKEN</b>	<b>+3</b>
Chopped romaine, anchovy, croutons, parmesan cheese, caesar dressing			

## SIGNATURE DELI SALADS

Sold by the pound

<b>(GF) CHICKEN SALAD</b>		<b>(GF) WILD AMERICAN TUNA SALAD</b>	
Poached chicken breast, carrot, celery hearts, red onion, fennel fronds, mayo		Tuna, haricot verts, zucchini, chickpeas, kalamata olives, fresh herbs, olive oil, mint, lemon zest	
<b>(V) (GF) FRESH MOZZARELLA &amp; TOMATO</b>		<b>(GF) ANTIPASTO SALAD</b>	
Cherry tomatoes, fresh bocconcini mozzarella, fresh basil, olive oil dressing		Mix of cured meats, cheeses, pickled vegetables, olives and fresh herbs	
<b>(V+) PASTA SALAD</b>		<b>(V+) (GF) RUSTIC GRILLED VEGETABLES</b>	
Multi-colored fusilli with diced red onion, green, red, and yellow bell pepper tossed with roasted garlic oil		Zucchini, squash, carrot, red onion broccoli rabe, leeks, olive oil, salt and pepper	
<b>(V) (GF) ROASTED FINGERLING POTATO</b>		<b>(V+) GRAINS SALAD</b>	
Roasted fingerling potatoes, parmesan cheese, sliced garlic, herb oil, thyme		Farro, einkorn, quinoa, carrot, butternut squash, celery, shallot, thyme	
<b>(V) MACARONI SALAD</b>		<b>(V) (GF) CHARRED BROCCOLI RABE</b>	
Elbow macaroni, mayo, white vinegar, celery, red onion, carrot		Broccoli rabe, garlic, crushed red pepper, olive oil, parmesan cheese	
<b>(V+) (GF) ROASTED WILD MUSHROOMS</b>		<b>(V+) (GF) MARINATED PORTOBELLO MUSHROOMS</b>	
Crimini, honjemiji, maitake, shiitake, oyster, royal trumpet, olive oil		Portobello, garlic, olive oil, rosemary, balsamic vinegar	
<b>(V+) MEDITERRANEAN COUSCOUS</b>		<b>(V+) (GF) HOUSE ROASTED PEPPERS &amp; GARLIC</b>	
Israeli couscous, parsley, mint, scallion, cucumber, red and yellow bell pepper, roasted garlic oil, white ver ju		Roasted red peppers, whole roasted garlic, olive oil and fresh herbs	
<b>(V+) (GF) EGGPLANT CAPONATA</b>		<b>(GF) STUFFED PEPPERS WITH PROSCIUTTO</b>	
Stewed eggplant, onion, celery hearts, roasted garlic, red bell pepper, golden raisins, olives, capers, tomato		Hot cherry peppers, prosciutto, sharp provolone cheese	
		<b>(V+) (GF) GRILLED MARINATED ARTICHOKE HEARTS</b>	
		Olive oil, crushed red pepper, fresh oregano	

## HOT PLATES Served with toasted baguette

<b>CHICKEN PARMESAN WITH PASTA</b>	<b>16</b>	<b>SPAGHETTI &amp; MEATBALLS</b>	<b>14</b>
Breaded chicken cutlet, Lou's marinara, fresh mozzarella, parmesan cheese, chopped basil, served with linguini ala chitarra		Classic Italian meatballs (3), Lou's marinara, parmesan cheese, chopped basil	
<b>PENNE ALA VODKA WITH PROCIUTTO</b>	<b>16</b>	<b>(GF) EGGPLANT PARMESAN WITH PASTA</b>	<b>15</b>
Plum tomato cream sauce, parmesan cheese, chopped basil, prosciutto lardons		Breaded eggplant, Lou's marinara, fresh mozzarella, herb ricotta, parmesan cheese, chopped basil, with linguini ala chitarra	
<b>GNOCCHI BOLOGNESE</b>	<b>15</b>	<b>ORECCHIETTE BROCCOLI RABE</b>	<b>16</b>
Hand rolled gnocchi, traditional meat sauce, whole plum tomatoes, basil, cream, parmesan cheese		Ground pork sausage, orecchiette pasta, charred broccoli rabe, crushed red pepper, parmesan cheese, olive oil, basil, oregano, thyme, parsley	

**(V) VEGETARIAN**   **(V+) VEGAN**   **(GF) GLUTEN FREE**