

WELCOME TO LOU'S!

Lou's is a New York-style Italian delicatessen and marketplace, featuring hot and cold sandwiches, comforting soups, salads, and pastas, as well as homemade mozzarella, Italian sausages, and pastries. We also offer an extensive catering menu and a curated selection of specialty retail items.

Presented by Executive Chef Jason Somers

APPETIZERS

Served with Lou's Marinara

- v FRESH MOZZARELLA STICKS 8
- ARANCINI BALLS 8
- v FRIED RAVIOLI 7

SALADS

GREEN SALADS

Add Grilled Chicken +3

- GF V+ GARDEN SALAD 9
Mixed Greens, Carrot, Cucumber, Tomato, Red Onion, Citrus Vinaigrette
- GF CHEF SALAD 13
Mixed Greens, Ham, Turkey, Swiss, Cheddar, Boiled Egg, Carrot, Cucumber, Pickled Red Onion, Buttermilk Dill Dressing
- CHOPPED CAESAR 10
Romaine, Anchovy, Parmesan, Croutons, Caesar Dressing

SOUPS

Served with Toasted Baguette

- v CLASSIC MINISTRONE 7
Rustic Vegetable Stew, Three-Bean Medley, Pasta Shells, Parmesan
- v POMODORO CREAM 7
Creamy Tomato Soup, Roasted Garlic, Baby Arugula, Basil

DELI SALADS

Selections May Vary Daily

Sold by the Pound at Market Price

- GF CHICKEN SALAD
- GF WILD AMERICAN TUNA SALAD
- GF ANTIPASTO SALAD
- V+ ANCIENT GRAINS
- V+ PASTA SALAD
- v MACARONI SALAD
- GF v YUKON GOLD POTATO SALAD
- V+ MEDITERRANEAN COUSCOUS
- GF v CAPRESE SALAD
- GF V+ ROASTED WILD MUSHROOMS
- GF v ROASTED FINGERLING POTATOES
- GF V+ EGGPLANT CAPONATA
- GF V+ RUSTIC GRILLED VEGETABLES
- GF v CHARRED BROCCOLI RABE
- GF V+ MARINATED PORTOBELLO MUSHROOMS
- GF V+ ROASTED RED PEPPERS
- GF STUFFED PEPPERS WITH PROSCIUTTO
- GF V+ GRILLED MARINATED ARTICHOKE HEARTS
- GF V+ PREMIUM OLIVE SELECTION

ASK ABOUT OUR

CATERING MENU

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LOUSITALIANSPECIALTIES.COM

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SANDWICHES

HOT



SAUSAGE PEPPERS & ONIONS 13

Sweet Italian Sausage, Caramelized Onions, Bell Peppers, Lou's Marinara

CHICKEN PARMESAN 14

Breaded Chicken Cutlet, Mozzarella, Parmesan, Lou's Marinara

MEATBALL PARMESAN 13

Classic Italian Meatballs, Mozzarella, Parmesan, Lou's Marinara

v EGGPLANT PARMESAN 12

Breaded Eggplant, Mozzarella, Herbed Ricotta, Parmesan, Lou's Marinara

BREADED CHICKEN CUTLET 15

Breaded Chicken Cutlet, Mozzarella, Roasted Red Peppers, Mixed Greens, Basil Pesto

PORCHETTA BROCCOLI RABE 14

Braised Pork, Provolone, Caramelized Onion, Broccoli Rabe, Herb Aioli

ITALIAN BEEF 15

Roast Beef, Provolone, Sweet Peppers, Giardiniera, Au Jus

PANINIS on Grill-Pressed Ciabatta



PROSCIUTTO MOZZARELLA 14

Italian Prosciutto, Mozzarella, Roasted Red Peppers, Balsamic

v GRILLED VEGGIE 12

Eggplant, Portobello Mushroom, Zucchini, Artichoke Hearts, Fontina, Herb Aioli

GRILLED CHICKEN PESTO 13

Chicken, Mozzarella, Oven-Dried Tomato, Basil Pesto

v CAPRESE 12

Marinated Tomato, Mozzarella, Basil, Roasted Tomato Pesto, Balsamic Reduction

COLD



THE LOUIE 13

Genoa Salami, Capicola, Ham, Provolone, Lettuce, Tomato, Onion, Mayo, EVO, Red Wine Vinegar

ROMAN FIESTA 13

Genoa Salami, Pepperoni, Ham, Mozzarella, Roasted Red Peppers, Mixed Greens, EVO, Balsamic

SEVERINO GRANDE 15

Hot Soppressata, Italian Prosciutto, Hot Coppa, Mortadella, Provolone, Lettuce, Giardiniera

PROSCIUTTO MIO 15

Italian Prosciutto, Mozzarella, Roasted Red Peppers, Mixed Greens, EVO, Balsamic

v VEGGIE DELIGHT 12

Grilled Eggplant, Portobello Mushroom, Fontina, Pickled Red Onion, Roasted Red Peppers, Mixed Greens, Herb Aioli

HORSERADISH ROAST BEEF 14

Roast Beef, Muenster, Roasted Red Peppers, Red Onion, Mixed Greens, Horseradish Aioli

HOT PLATES

Served with Toasted Baguette

CHICKEN PARMESAN OVER PASTA 16

Linguini ala Chitarra, Breaded Chicken Cutlet, Mozzarella, Parmesan, Lou's Marinara

v EGGPLANT PARMESAN OVER PASTA 14

Linguini ala Chitarra, Breaded Eggplant, Mozzarella, Herbed Ricotta, Parmesan, Lou's Marinara

PENNE PROSCIUTTO ALA VODKA 15

Prosciutto Lardons, Plum Tomato Cream Sauce, Parmesan, Basil

GNOCCHI BOLOGNESE 14

Hand-Rolled Gnocchi, Traditional Meat Sauce, Parmesan, Basil

SPAGHETTI & MEATBALLS 14

Classic Italian Meatballs (3), Lou's Marinara, Parmesan, Basil

ORECCHIETTE BROCCOLI RABE 15

Orecchiette Pasta, Pork Sausage, Broccoli Rabe, Parmesan, Crushed Red Pepper